



**Campus Online**  
page 2-4

**Human Interest**  
page 6

**Editorial**  
page 8

**Entertainment**  
page 10

**Art & Photography**  
page 12

## Campus Placements

### Bhavan's Bytes News Service



The Career Guidance and Placement Cell (CGPC), 2020-21 began campus placements on September 7, 2020. The placements are held online due to the pandemic. A total of 153 students were chosen for different campaigns. The companies involved were Deloitte, Energy Tech Global, Franklin Templeton, Berkadia, HDFC Life, Verity Knowledge Solutions, EY, Cognizant, ADP, Sutherland. Deloitte and EY ac-

cepted 22 interns. The placements were open for BCom, BSc, Physical Sc, BBA, BCA and MBA. As part of a special drive for girls on Women's Day conducted by ADP, it accepted 7 students for associate degrees in BCom and BSc. Deloitte provided the most generous compensation and the most comprehensive package of Rs.6,75,000/-. For the first time, Deloitte held a special drive for physically and visually

challenged students this year. B. Pavani, a visually impaired student from BCom, was chosen. Sutherland recruited 31 students as is at highest, so far.



## Cognizant

## CELL PHONES A DEFINITE BANE ?

### Varshith

Smartphone usage is like a double sided coin. It has both pros and cons. It depends on which side you are. Undoubtedly mobile phones are a basic part of life.

They are a very important aspect of our business as well as personal life. You can not imagine a day without a smartphone. But with numerous benefits it brings, there are several drawbacks too.

The statistics clearly signify that our addiction is on its peak. Not just that we are getting addicted, we refuse to believe that any of these habits are actually harmful.

We don't realize it but almost 80% of the time of the day, we are insanely glued to our cell phones. From Internet banking to entertainment, there is nothing we can't do with just a few taps.

But there is a negative side to it that we are totally unaware of. Many of us do not know that these apps and gadgets are made to influence our brain chemistry and give rise to addictive instincts. Researchers have proven that checking our cell phones every minute releases dopamine chemicals in

our brain. Dopamine is the same chemical that is responsible for all our other harmful addictions like that of cocaine, nicotine and alcohol.

Some of the disadvantages of smartphones are privacy at risk, distractions, unhealthy, wasting time, affecting real interaction, constant interruption, reduced focus on



subjects, sleeping disorder and dependence etc. The harmful thing is it causes cancer because of radiation emitted from smartphones over using it. These all factors affect our lifestyles.

Here I conclude that a smartphone is a great innovation but the usage time should be limited. Complete dependence on anything is not appreciated.

## Interactions between signaling, metabolic pathways and miRNAs in Hepatocellular Carcinoma (HCC).

### Bhavan's Bytes News Service

Dr. Asha Balakrishnan, an alumnus of BVC (1995-1998, B.Sc- GBC-Genetics, Botany, Chemistry), was the resource person for the webinar conducted by the Dept. of Genetics and Biotechnology.

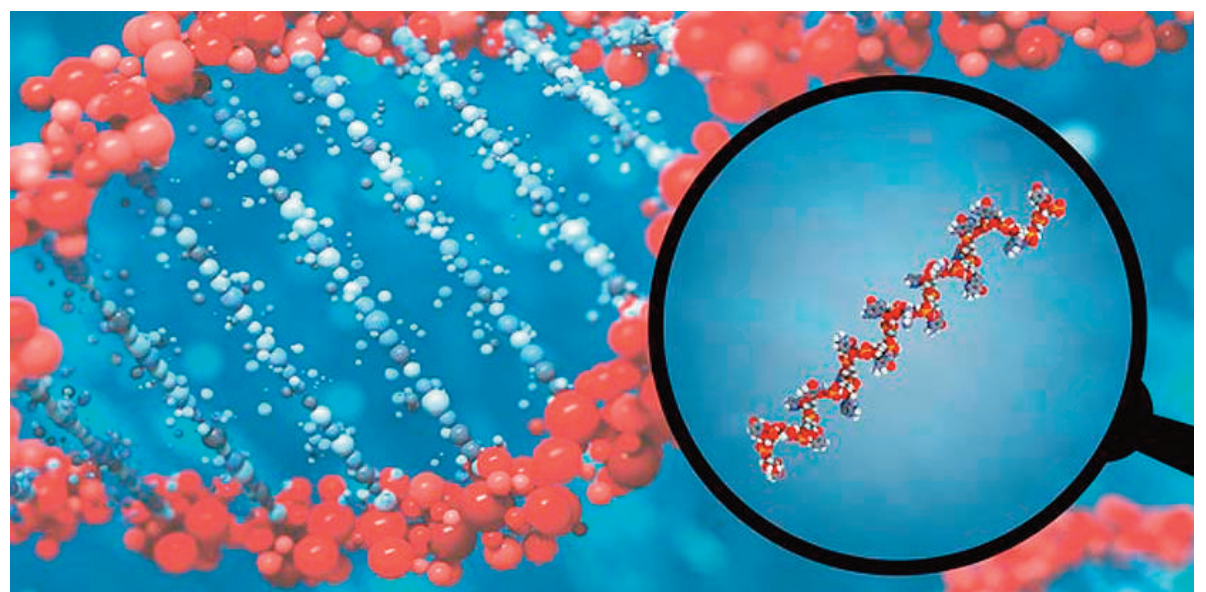
The webinar was conducted on the Zoom platform. The topic of the webinar was: Interactions between signaling, metabolic pathways and miRNAs in Hepatocellular Carci-

noma (HCC). Dr. Asha is currently the Principal Investigator at TWINCORE, Hannover Medical School (MHH), Hannover, Germany. Her topic of research at Hannover Medical School is, molecular basis of HCC and the role of micro-RNAs, metabolic and signaling pathways in HCC and liver regeneration.

Dr. Asha explained her research work in a very detailed and simple manner. All the par-

ticipants appreciated her research work and interacted with her at the end of the webinar. There were about 160 participants in the webinar, including life sciences students of BVC.

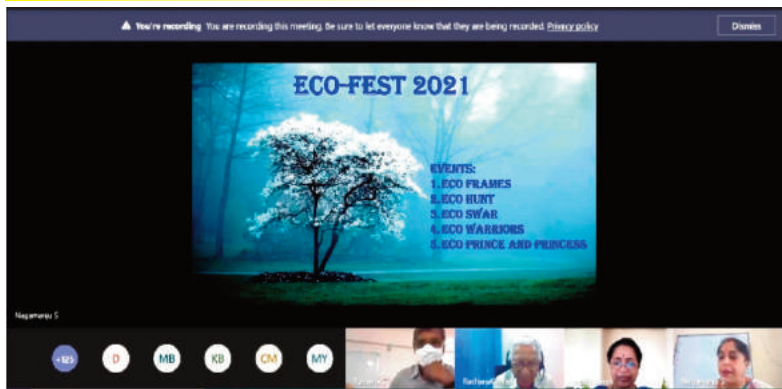
Dr. Asha answered the queries by some of the participants regarding her research and in general higher education and research in Germany. The webinar motivated students to take up higher studies.





## Eco Fest 2021

Bhavan's Bytes News Service



The greEnergy club of the Dept. of Genetics & Biotechnology, Bhavan's Vivekananda College of Science, Humanities and Commerce, Sainikpuri organized ECOFEST on 16th Jan, 2021.

They conducted ecofest with the objective to protect, conserve and appreciate planet Earth. The fest motivated students to walk through nature, capture its beauty and appreciate biodiversity. The event was organized online through Microsoft teams.

It was graced by Air Cmde (Retd) J. L. N. Sastry (VSM), Vice Chairman BVB; Prof. Y Ashok, Principal, BVC; Ms B. Niraimathi, Vice Principal; Dr. Madhumita Bhattacharjee, Life Sciences Faculty

## Student- Centric Learning Strategies

Bhavan's Bytes News Service

Dept. of Microbiology organized an online international workshop on 'Student- Centric Learning Strategies' from 2nd to 11th November, 2020 under Star DBT college scheme.

The workshop provided a platform for Biology teachers to update with rapidly changing teaching methodologies adopted globally for undergraduate education.

The participants were engaged in asynchronous and synchronous activities, interacting with Five exemplary Ameri-

In-charge, Dr. Jyothi Nayar, Head, Dept. of Genetics & Biotechnology and Coordinator greEnergy Club, staff and students. The ecofest provided a platform for students to explore their talents in photography, singing and communication skills.

It continued for a week in which various events were conducted for students as part of the fest. The programmes were, Eco frames, Eco Hunt, Eco Swar, Eco Prince and Eco princess.

As a Part of the fest, two students, Vaishnavi and K. Sravani exhibited their culinary skills and shared the recipe of a natural immune booster. The fest was successful with the participation of 80+ students.

can undergraduate educators. It emphasized on practical ways to enrich undergraduate biology classrooms by engaging and enabling students to become self-motivated and life-long learners. 23

Participants were acquainted in handling Teaching tools like Genome Browser, Qubes and Perusall Platforms for student centric learning. All participants were awarded with certificates after their presentations in the valedictory session.

## Eco Hunt >>

Eco Hunt was a game where eco friendly items were collected in and around the house. Two students were declared the winners in the game. Tejaswini BtGC Ilyr and Neha Niranjana BtGC II yr



## Eco Prince and Princess

Eco Prince and Eco Princess: Students were dressed in traditional Indian attire and spoke about the tradition and harvest festival of the state they represented. The winners were, - Siva Shankar MiGC I and Hima Bindu MiGC I



## << Eco Frame

Eco frames featured photographs taken by students from their balcony or garden. The winners were :-I Diksha V BtGC II yr, II Aryan Gupta MGC II yr, III Namratha Pawar MNDC 1yr

## Eco Swar

Eco Swar was an online singing competition of Indian classical and Semi -Classical music. The winners were, Sree Vidya Keertana BtGC Ilyr and Lalitha Pavani BtGC II yr

## Ayurvedic preventive measures for COVID 19

Bhavan's Bytes News Service

A webinar on "Ayurvedic preventive measures by drugs and pranayam for COVID 19" was organised by The Dept. of Genetics and Biotechnology of our college on 11th May. It was a live session from 3pm with a total of 254 attendees including people across the globe. The main objective of the webinar was to create awareness among the people regarding COVID- 19.

The speaker Dr.N. Vijaya Lakshmi has an MD in Ayurveda and PG Diploma in Yoga to her credit. She obtained her Post Graduation in Ayurveda Samhita from Banaras Hindu University, Varanasi and received her Master's in Sanskrit from Osmania University, Hyderabad.

The session started

with the introductory note by the Principal, Prof.Y.Ashok, followed by a welcome address by Dr.Jyothi Nayar, Head, Dept. of Genetics and Biotechnology. Dr. Vijaya lakshmi delivered her



lecture and explained about Ayurvedic lifestyle, Seasonal detoxification, ways to improve immunity, Vyadhikshamatva-

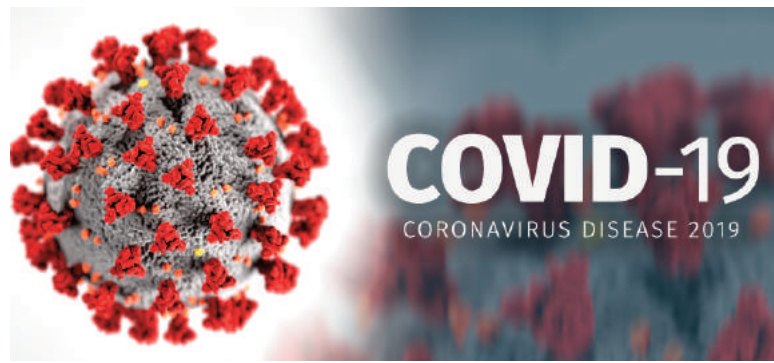
using food as immune booster, Manasikanidana- Emotions and its role in Immunity, Sankramika Roga- Microorganisms and their mode of transmission, AdhyaatmikaNidana- Spiritual cause of Grahakopa which includes panchamahabhutas as well.

The speaker demonstrated Pranayama through a video recording which included Bhastika, Kapalabhati, Bramari and Udgeeth pranayam. She also emphasized on the need of Ayurvedic drugs to be used as medicine and the importance of meditation and suryanamaskar.

The webinar concluded with a Q&A session. Various participants shared the feedback that the Webinar was very informative and was definitely a need of the hour.

## Chat with Scientist on COVID 19 Pandemic

Bhavan's Bytes News Service



Dept. of Microbiology organized a Guest Lecture by Dr. B. Dinsh Kumar, Scientist G (Director Gr.) ICMR National Institute of Nutrition on 20th August, 2020. The Guest lecture was followed by an interactive session with the audience regarding various issues related to COVID 19 pandemic. Dr. B. Dinsh gave detailed information

on the guidelines specified by ICMR regarding the precautionary measures, treatment strategies and future endeavours in confronting the pandemic outbreak. There were about 300 people in the audience that included students, academicians and professionals from various fields.

## A Virtual tour to CFTRI, Hyderabad

Bhavan's Bytes News Service



Dept. of Microbiology had organized an online educational tour on 29th September, 2020 for BSc and MSc students to Center for Food Technology Research Institute (CFTRI), a premier National Institute in food technology located in Hyderabad, India. This program was conducted under DBT STAR COLLEGE SCHEME 170 students took part and got enlight-

ened about different technologies involved in food processing. Jyothirmayi T, Sr. Principal Scientist and Sathiya Mala K, Principal Scientist, briefed on CFTRI mission and programmes that they undertake in the field of food technology. Scientists also explained how food technologies aid in processing and preservation of various food products. Technical officers at CFTRI exhibited and

otic resistance has been dubbed as „the end of modern medicine“ and is considered a grand global health challenge. She discussed on what antibiotics are, how bacteria develop resistance to these, why to be careful in its usage, and explained the efforts in finding alternate solutions to antibiotic resistance and how we can put a stop to it.

summarized various equipment employed in research and development, quality control, quality assurance and packaging of food products. Experts at CFTRI encouraged students to start up food technology-based industries. Through this virtual visit students were exposed to the facilities available at the institute, internships available and training programs.

## Webinar on “Connect to Alumni” Student-Alumni Interaction

Bhavan's Bytes News Service

Dept. of Microbiology organized a webinar “Connect to Alumni” Student – Alumni Interaction on 11th July, 2020 (10.00am-12.00noon). It was an online meet of M.Sc. Microbiology Alumni students. It was an

alumni interaction platform between the current microbiology students of B.Sc. and M.Sc. The discussions included alumni from academic, research and industrial expertise, where they shared their experi-

ences pertaining to individual pursuit for advancing in career. It was a productive meeting, as it could inspire many of the students' plans and discover new avenues in the field of life sciences



## Virtual educational activities 2020-2021

### Bhavan's Bytes News Service

**Activity 1 :** A Webinar was organized by the Dept. of Chemistry on overcoming COVID-19 on 13th May, 2020. The speakers for the event were Dr. Chanchal Sur Chowdhary, Staff Scientist Washington university St. Louis; Dr. Anthony A from ICT and Dr. Riyaz Syed from JNTU. The number of participants was 204. The webinar was successful.

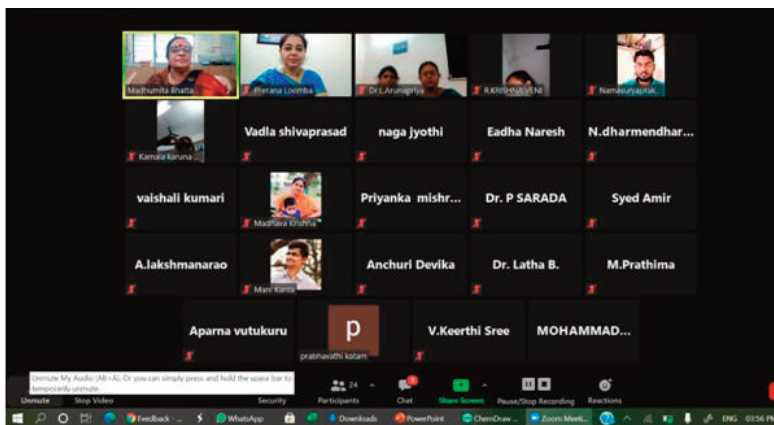
**Activity 2 :** Webinar on Career counseling. A Webinar was organized by the Dept. of Chemistry and faculty of life sciences on career counseling on 18th July, 2020. The speakers for the event were Dr. Chanchal Sur Chowdhary, Staff Scientist Washington University, St. Louis; Mr. Ajith Nair and Dr. Riyaz Syed from JNTU. The number of participants was

120. The webinar was very successful.

**Activity 3 :** Guest lecture on Asymmetric Synthesis. A Webinar was organized by the Department of Chemistry on Asymmetric Synthesis on 24th July, 2020. The speaker for the event was Dr. S. Kalyani, Assistant Professor, Dept. of Chem-

istry, Mahatma Gandhi University, Nalgonda. The number of participants were 80.

**Activity 4 :** Workshop on ChemDraw. A Workshop on ChemDraw was organized by the Dept. of Chemistry on 20th November, 2020. The speaker for the event was Dr. L. Aruna Priya, Dept. of Chemistry, BVC.



## An Experiment with Matlab

### Bhavan's bytes news service

The Dept. of Physics and Electronics conducted a workshop on 12th January. The speaker, Prof P K Thiruvikraman, who is a part of Dept. of Physics in Birla Institute of Technology & Science, Pilani, delivered a lecture emphasizing on the purpose of this workshop the use of MATLAB, one of the most widely used software packages for analysis and visualization of data in science and Engineering.

The talk threw light on the use of MATLAB as a higher level programming language for plotting graphs and symbolic computation. He addressed the issues related to getting started, types of tool boxes and books to read.

In the next two sessions, he trained the use of dif-



ferent commands, types of data, indexing, operations, loop commands and programming for partial differentiation equations.

Faculty of Physics, electronics, Mathematics and Statistics were made to perform the task assigned to them. The hands-on training was extremely useful for the starters and made them comfortable.

## International E-Conference on Advanced Computing Technologies (ICACT)-2020

### Bhavan's Bytes news service

A 3-Day International E-Conference on Advanced Computing Technologies- ICACT 2020 was organized by the Dept. of Computer Science.

Prof. Y Ashok, Principal, BVC, welcomed all the national and international dignitaries invited for the conference along with the participants who had submitted their research papers to be presented at the conference.

Mrs. K.V.B. Saraswathi, Convener, gave the report on the Conference.

The Chief Guest for the Inaugural Session was Dr. D. V. L. N. Somayajulu, Director, Indian Institute of Information Technology, Design and Manufacturing, Kurnool, Andhra Pradesh, a renowned academician.

## NATIONAL SCIENCE DAY 2021



### Bhavan's Bytes News Service

National Science Day-2021, was organized by the Faculty of Physical Sciences, Bhavan's Vivekananda College on the 1st Mar, 2021 under DBT-Star College Scheme. It was an online event conducted on Zoom platform. The theme for the year 2021 given for the Science Day is "Future of STI( Science, Technology and Innovations): Impacts on Education, Skills and Work".

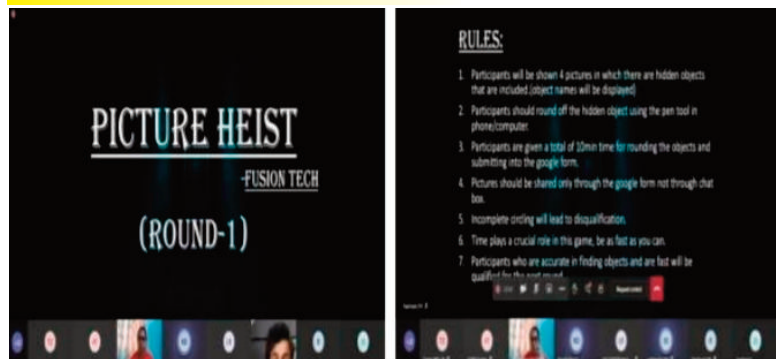
The guests who graced the occasion were, Prof Y Ashok, Principal, BVC and Chief Guest and Keynote Speaker for the Day, Prof S. Jilani, Former Scientist, NRSC, ISRO, Former Head, UGC Regional Office, Present Director, CDVL, City

Campus, HCU. The students were motivated to gain hands-on experience in the field of Science and to inculcate scientific reasoning.



## CHARLES BABBAGE DAY

### Bhavan's Bytes News Service



Charles Babbage Day was celebrated at Bhavan's Vivekananda College on 8th Jan, 2021. The Dept. of Computer Science of the college organised the event in

commemoration of the birthday of Charles Babbage, the Father of Computers. The guest speaker for the day was Dr. C.R.K. Reddy ( MGIT). Air Cmde(Retd) J. L. N. Sastry

(VSM), Vice Chairman BVB; Principal Prof Y Ashok ;Mrs. KVB Saraswathi Devi, Head, Dept. of Computer Science, were the dignitaries for the inaugural session.

Dr. C.R.K. Reddy, the guest speaker of the day spoke on Artificial intelligence, machine learning, deep learning and their real time applications in the present day scenario. Students presented their projects, and a total of 17 teams (40 Students) participated. The projects were done by I, II, and III year students of B.Sc & BCA on various platforms like Android, PHP, Firebase and MySQL.

Fusion tech conducted the following two events:

1. The "Picture Heist" in Virtual Platform on 18th & 19th of Dec, 2020.
2. Second event was "Abhimantram - The Silicon Valley for Start-up Ideas" held on 05 Jan, 2021 which invited start-up ideas from students.

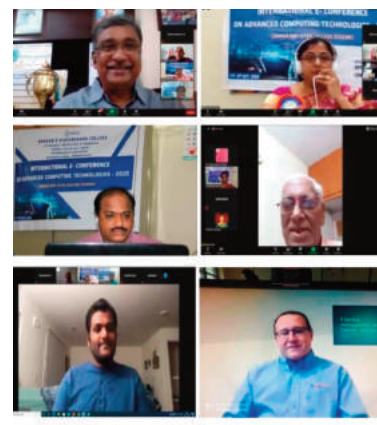
His session highlighted the importance of Artificial Intelligence, and its impact in the area of industry, education and other fields.

He motivated the students towards Innovations in Artificial Intelligence and Machine Learning through RAISE-2020( Responsible Artificial Intelligence for Social Empowerment) initiated by the Ministry of Electronics and Information Technology in association with NITI Aayog.

The Guest of Honor for the session was Dr K Shyamala, Professor, Dept. of CSE, Dean, Faculty of Informatics, Osmania University, Hyderabad.

In the afternoon session, Mr. G Mahesh Kumar, Assistant Professor, Dept. of

Computer Science, and Co-Convener of the International E-Conference, spoke at length on the topic "Blockchain technology- Security, Privacy and Applications". Around 390 participants attended the session including academicians, teaching faculty and research scholars.



## Amrita Virtual Labs

### Bhavan's bytes news service

Dept. of Physics and Electronics arranged a one day workshop for students and faculty of Physics on Virtual Labs on 11th January, on account of its newly attained status of Nodal Centre, Amrita Virtual Labs.

The project is an initiative of the Ministry of Human Resource Department under National Mission on Education through ICT (NME-ICT). Virtual Labs are a new immersive e-learning tool which provides a media-rich, user interface that can be used by the faculty to supplement the curriculum. These labs are located on a

web page which can be accessed by anyone through a browser. A variety of experiments can be performed virtually simulation or remotely triggered hardware. The experiments are modelled close to real life and can be used by the students at their own place, pace and time.

Mr. P.F. Saneesh, Project Manager, Technical Lead of Physical Sciences, Virtual Labs, Amrita Vishwa Vidyapeetham has provided a Hands on training session in using virtual labs website and working with Simulations or remotely triggered experiments.





## "INSPIRE TO ASPIRE" 2020-21

### Bhavan's Bytes News Service

The Dept. of Commerce conducted a three-day induction programme for the First-year students from 26th Sep to 29th Sep, 2020.

The objective of the Induction Programme was to acquaint the first-year students about various activities and all aspects related to the Department. On the first day of the programme, the Principal of the college Prof. Y. Ashok, addressed the newcomers and guided them about having a three-year fruitful stay in college.

The Head of the Dept, Dr. K. Sreelatha Reddy gave an overview about various departmental activities and motivated them to actively participate and enrich themselves. This platform was also used by the dept to let the college alumni share

their experiences with the incoming students and how far has the foundation laid by the institution taken them in life.

Ms. Sawathi Pathak, Sr. Application Developer for the California State Government; Ms. Indira Patnam, Project Business Automation Specialist for a State Project in Chicago; Ms. Nidhi Kohli, Asst Relationship manager, Standard Chartered Bank and Mr. Lalith Kumar, Financial Services Analyst, Alter Domus, Alumni of the college, shared their experiences with the students and highlighted the role of the institution in shaping their successful professional life.

Towards the end of the first day of "Inspire to Aspire", students gave positive feedback about the programme.



### Bhavan's Bytes News Service

Capital market is a terrain for channelizing savings and investments amidst the suppliers and seekers of capital. It consists of primary and secondary markets and provides a platform for the exchange of securities.

The existence of the pandemic is causing a lot of volatility in the capital markets across the world affecting various economies. Dept. of Commerce, BVC, had taken an initiative to address these issues by organizing a webinar on 22nd May, 2020 on Zoom with 376 participants.

The resource person was Mr. P. Naveen Kanth, practicing Certified Financial Planner. He is a qualified Financial

## "CAPITAL MARKET AMID COVID CRISIS THE WAY AHEAD"

Risk Manager (GARP) and also holds CDMS(Certificate in Derivative Market Strategies ) from Moody's Analytics and Research Analyst Certification from NISM. He is Co-founder of Crest Capital, a Boutique Investment Advisory and Wealth Management firm.

Inaugural and welcome address was given by Dr. K. Sreelatha Reddy, Head, Dept of Commerce. Mr. Naveenkanth spoke about the performance of various sectors in the secondary market and the volatility associated with the stock market during this pandemic.

He also focused on debt market performance. He suggested that it was the right time to invest in the stock market



and not to liquidate the investments because previous instances proved that the markets would recover soon.

## PRIMICERIUS

### Bhavan's Bytes News Service

Bhavan's Vivekananda Degree College, Sainikpuri takes pride in organizing a two- day National Level Management Fest every year, titled 'Primicerius'- hosted exclusively by the students of B. Com Honours of the college under the erudite guidance of the Dept. of Commerce. The event strives to provide a platform to budding corporate professionals and aspiring entrepreneurs to exhibit and subsequently embellish their managerial capabilities. Primicerius-2020 was held on the 17th and 18th of February at BVC. The event has witnessed a participation of around 200 students from a host of colleges across the city (18). Living up to its legacy of being a National Level Management Fest, Primicerius – 2020 received enthusiastic participation from the students of Christ University (School of Business and Man-

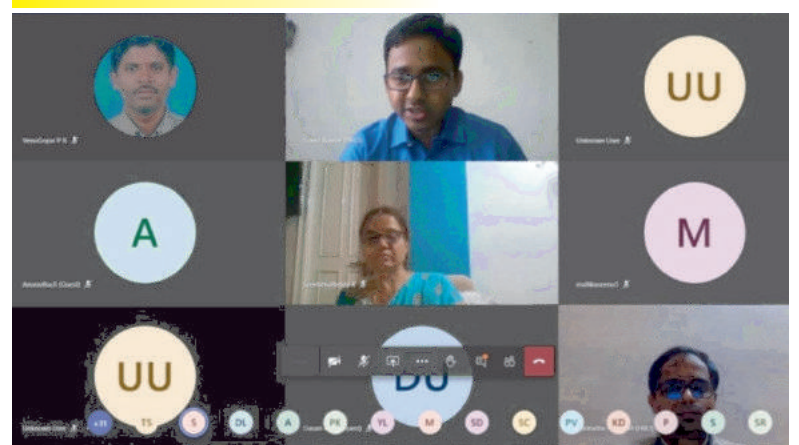
agement) – Bengaluru. There are 7 departmental rounds conducted as a part of Primicerius which include Best Manager, Human Resources, Marketing, Finance, Corporate Strategy, Entrepreneurship Development which prove to be a stepping stone into the corporate world as they enable the participants to get first-hand exposure to the corporate atmosphere and work culture. Prof. V. Appa Rao, Principal and Dean, University College of Commerce and Business Management, Osmania University, Hyderabad

graced the occasion as the Chief Guest. Dignitaries including Air Cmde (Retd) J. L. N. Sastry (VSM), Vice Chairman of Bharatiya Vidya Bhavan's; Prof. Y Ashok, Principal, BVC; Dr. K Sreelatha Reddy, Head, Department of Commerce, BVC were other guests at the event. The event was sponsored by Excel Medium. The overall championship of Primicerius 2019-20 was bagged by Christ University who put up an enthralling performance in the past 2 days. Prizes worth Rs. 1,00,000 were awarded.



## Webinar on Investor's Protection

### Bhavan's Bytes News Service



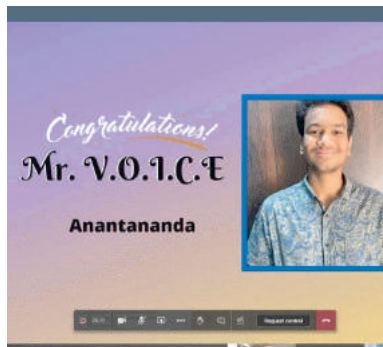
A webinar on "Investor Protection in Securities Market and Overview on Secondary Market and Mutual Funds" was conducted on 6th August, 2020 from 4 p.m. to 5.30 p.m. by the Dept of Commerce, BVC in association with SEBI-RO, Hyderabad and NSE-RO, Hyderabad. Mr. M. K. Srikanth, DGM, SEBI, Hyderabad Regional office was one of the speakers, who addressed about the protection measures taken by SEBI and also gave

tips about choosing appropriate investment avenues during this pandemic. Mr. Harinatha Reddy, Senior manager, NSE, Hyderabad Regional office gave an overview on secondary market and mutual funds. The participants clarified their doubts regarding investments in mutual funds. 134 registrations were received and 66 participants attended the webinar and gained insight about investor protection and the mutual funds market.

## Mr.VOICE AND Ms.VOICE

### Bhavan's Bytes News Service

V.O.I.C.E.- The Commerce Club conducted its first event for the AY 2020-21 named Mr. and Ms. V.O.I.C.E from 2nd to 7th



given different physical tasks. Out of 30, 18 students were shortlisted for the 4th Round that was 'Vlog a Day'. In the 5th



Nov, exclusively for the 1st year students. The event was conducted online. The event witnessed a participation of over 400 students and consisted of five rounds. First round being 'Bomb in the City', 56 of the 400 students made it to the 2nd round, 'The Game Changers'. The 3rd round was 'Dynamo' where in the 30 qualifiers were

round '1V1', there were 8 finalists. The event aimed at analyzing the presence of mind of the participants and to build self-confidence and overall personality of the students. Mr. V.O.I.C.E was Anantananda and Ms. V.O.I.C.E was Keerthana. The lecturer in-charges were Ms. Devi Mallika Priya and Mr. R. Guruprasad.

## "POST COVID STRATEGIES OF INDIAN ECONOMY"

### Bhavan's Bytes News Service

The pandemic is causing jitters to the global economy. India has taken the cue to respond immediately to the pandemic with strict lockdown rules across the country.

Asian Development bank estimated that lockdown would reduce the GDP by 2.3%, India's GDP composition is dominated by service sector (approx) 55%, followed by industrial sector 31%, agricultural and allied sector 14%. Government announced various relief packages to revive the economy which will depend on various factors.

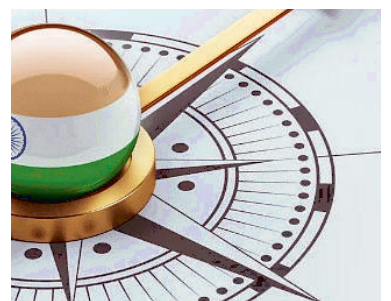
However, this pandemic does not stop the services of academicians, which is why the webinar was conducted to address the strategies required in the field of education, industry and commerce by the

Dept. of Commerce on 9th May, 2020.

The resource person of the webinar was Dr. A. Patrick, Assistant Professor, Osmania University. It was conducted in two sessions with 190 participants in the morning and 176 in the afternoon through Microsoft Teams.

Active participation was found from all the corners of the country and abroad. The webinar started with welcoming participants by Dr. K. Sreelatha Reddy, Head, Dept. of Commerce and inaugural address was given by Prof. Y. Ashok, Principal, BVC.

Dr. A. Patrick addressed the issues of migrant labourers and threw light on the impact of covid-19 on various sectors. He suggested that the agriculture sector should be pri-





## Unemployed youth and job crisis

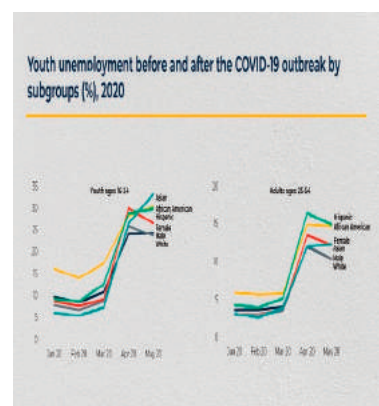
Rama Ghosh

Youth unemployment is prevalent around the globe because youth lack skills, work experience, and job search abilities to find employment. In developing countries like India, this situation is inflamed by poverty and the competitive pressures that result from a rapidly growing labour force.

This is the case even during good economic times. In the midst of a severe recession, youth find it increasingly difficult to acquire a job as a new entrant in the labour market, particularly as a consequence of hiring freezes. According to ILO's Global Trends Report 2012 on Youth, nearly 75 million youth are unemployed across the globe, which represents an increase of more than four million since 2007.

These challenges are evident in India, which has the largest youth population in the

world. If we talk about the current scenario, India's unemployment rate rose sharply to 9.1% in December 2020, the highest since the beginning of India's recovery from lockdown in June. The unemployment rate stood at 10.99% in June 2020. One of the main reasons behind this situation is the global pandemic of Covid19. While GDP



growth in India had been falling since the beginning of last year, the coronavirus shock in 2020 had an overwhelming impact on

India's economy and jobs. The pandemic and consequent lockdown laid bare the fragility of India's formal job market.

However, the coronavirus pandemic may not be the only reason why salaried jobs — one of the most secure forms of employment — are losing prominence in India. Unemployment in the country has been a problem since 2017. High population, defective education system, low productivity in the agriculture sector combined with lack of alternative opportunities for agricultural workers, unskilled workforce are the other factors that contribute to this crisis on top of the virus.

Lately, vaccination drive against Covid-19 and improving economic indicators has enthused employers to recruit. This was evident in a survey which showed job openings increased by almost 50% in January.

## Children and online classes

Rahul Perlapally

One of the most often used terms after the pandemic is the term 'new normal'. The new normal in education is the increased use of online learning tools. The COVID-19 pandemic has triggered new ways of learning.

All around the world, educational institutions are looking toward online learning platforms to continue with the process of educating students. Today, digital learning has emerged as a necessary resource for students and schools all over the world. In recent months, the demand for online learning has risen significantly, and it will continue doing so in the future.

As with most teaching methods, online learning also has its own set of positives and negatives. Decoding and understanding these positives and negatives will help institutes in creating strategies for more efficient academic practices. Online learning offers teachers

an efficient way to deliver lessons to students. Online learning has a number of tools such as videos, pdfs, podcasts, and teachers can use all these tools as part of their lesson plans.

By extending the lesson plan beyond traditional textbooks to include online resources, teachers are able to become more efficient educators. Another key challenge of online classes is internet connectivity. While internet penetration has grown in leaps and bounds over the past few years, in smaller cities and towns, a consistent connection with decent speed is a problem. Many parents are concerned about the health hazards of having their children spend so many hours staring at a screen.

This increase in screen time is one of the biggest concerns of online learning. Sometimes students also develop bad posture and other physical problems due to staying hunched in front of a screen.

## Impact of Covid19 on Street Vendors

Bhargavi P

The COVID-19 pandemic has created distressing uncertainties in India. In March, 2020 Indian government announced lockdown, which came at the cost of the livelihood of millions of street vendors in the country. A study results of a survey conducted on 93 street vendors of agriculture commodities in order to understand their struggle and efforts to meet the basic need of their families during this pandemic say that the street vendors are mainly young women

tion has been paid to people who are involved in supplying, delivering and retailing food commodities even during the strict lockdown. The vendor's need income and support to be able to restart work. Vendor organizations have to step forward and advocate for vendors to be provided the resources they need to be able to resume their livelihoods. To this end the vendor's organization could consider the following for an advocacy agenda, Livelihood promotions for all vendors. The



from both rural and urban entities and spend 3 hours between searching and vending a range of products including vegetables and fruits. Despite struggle to get goods, and no proper income, and the police harassment to clear the street, imposing the wearing of masks the street vendors face much risk to supply food to the people and to fight for their household during the critical period.

While the entire world appreciates the great work done every single day by the health care workers, little atten-

impact of COVID has been very harsh on workers who have exhausted their earnings in trying to feed themselves during extended lockdown.

The government should take steps to reopen the market and allow vendors back to the street, keeping in mind social distance and proper hygiene. The government needs to take steps for provision of running water, soap, sanitizer for street vendors at their place of work for proper hygiene. It's also the vendor's duty to supply safe food to the people.

### Measures to control COVID - 19

- Wear your mask.
- Wash your hands.
- Keep a safe distance.
- Stay home if you feel unwell.



## WORK FROM HOME

Likitha

Many people are working from home for the first time because of COVID-19. Others are more seasoned remote workers. Whatever your circumstances, working from home is like playing a larger part in your life or people you live with, than it ever has been before. The following is an interview with the Choreographer of Rhythmx dance academy, Mr. Pranith.

**How pandemic impacted you and your daily life/changed your life?**

The impact of the COVID-19 pandemic drastically changed the lives of people. Schools and universities have closed, exams and events postponed which has demoralized youth. Socializing with friends and family is highly discouraged. Living in these circumstances has been tough for young people for their social, physical, and mental wellbeing.

**Advantages on working from home:**

Working from home enables more agility and flexibility in working arrangements. With



employees no longer tied to an office, they may be better placed and more willing to work flexible hours such as earlier or later in the day or even at weekends. Being allowed to work from home, employees feel increased levels of trust from their employer, which contributes to staff loyalty.

**Disadvantages of working from home:**

Individuals working from home may feel a disconnect from their colleagues and organization. Although home working removes the distractions that may occur in the office if a worker doesn't have a suitably quiet dedicated working space at home, they may get easily distracted by household fuss or other mem-

bers of the household.

**How are my colleagues coping up with the pandemic and personal life?**

Corporate employee's life is changed. Regularizing their priorities is on top in this pandemic situation. My colleagues have streamlined their responsibilities to make their work life balanced. Routine exercise has played a major role for them. Staying healthy with Work from home good eating habits had made them confident to fight with current situations.

**Do they want things to get back to normal or has it created a comfort zone?**

Come back is always welcomed. However, for few it has created a comfort zone. Having

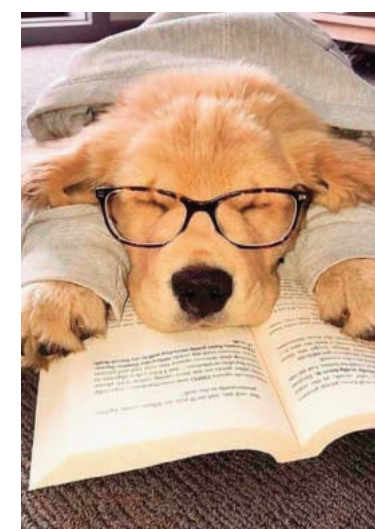
## LIFE OF PETS DURING LOCKDOWN

Varsha C

During lockdown we all have gone through the time of loneliness, not only humans but also animals would feel the same. Pets removed our loneliness. "Having a pet means having a buddy". When you love a pet, it loves you more than what you deserve. You're the luckiest person if you have a pet and whatever the words being mentioned above are only meant for you. When a pet enters your life, it spreads love and care. When you feel alone and sad,

you can be happy again if you spend your quality time with your pet. No matter what it feels, it always keeps you happy. As soon as the pet enters your life, it expresses its love towards you by barking, biting and licking. It becomes a part of your family in a very small amount of time.

It takes care of people who are around them. So get a pet and remove loneliness from your life because life is all about finding happiness. But remember a pet will add it more than you expect.





## PUT A RED LIGHT AGAINST HUMAN TRAFFICKING

K.S. Chandrakala

The term 'Traffic' means trade in something illegal. Human trafficking means obtaining people by force, fraud or coercion for commercial sex or for labour. The people who are emotionally or mentally vulnerable, economically weak and from backward castes are most affected.

The traffickers make the victims so weak and fragile that they might not be able to testify. It has become a constant problem for the government and organizations. In the 1990s the definition of Trafficking has been improved or widened by the UN to help the countries to collect data and also to tackle the situation.

The definition not only confines trafficking to women and children alone but covers all other aspects. According to Article 23 of the Indian Constitution, Human Trafficking, forced labour is a punishable. In 2019, the Ministry of Labour and employment reported that the government has identi-



PC:Securitymagazine

fied and released only 3,13,687 since 1976. There are instances where police refused to file FIR, law enforcement did not follow up the further investigation and also received bribes from brothels or traffickers directly or indirectly.

In 2018, The apex court of India has asked the National commission for women and State institutions to audit and report the state of shelter homes in each state. It was found that in many state funded shelter homes the victims are abused sexually and mentally

especially in Delhi and Bihar. Tamil Nadu and Karnataka are the states who actively took charge against the bonded labour and released 45% of the victims.

It is the responsibility of the state revenue officers to identify the bonded labour victims but most of the work will be done by the NGOs. The traffickers lure the Indians who willingly seek employment abroad in construction, low skilled labour. Many forced labour cases are reported from Gulf countries and Malaysia.

## Honor killing, Is there any honor left to kill?

Shiva Prasad

Honour killing is an act conducted towards a family member that brought them shame religiously/politically in their community.

To 'regain' lost honour, the members of the family kill those who violate their religious rituals. They reason out saying "Kill that woman because of her inappropriate clothes." "Kill those homosexuals." "Kill those widows who want to marry another man." "Kill that woman who's in love with a man belonging to another caste/ religion." And who knows in future, they might say, "Kill those women for no reason", because in their eyes women are man's property which itself is stupidity. Even today, honour killings happen though we are not aware of it. On an average, five thousand deaths are reported every year across thirty-two countries.

Depending on the cult,

women are usually the primary victims of murder.

How offended could a family be to go to the extent of taking someone's life in the name of reputation? , How blinded could someone be to not see the human behind their sins? Usually, shame killings are done within a conservative family or a cult where they get brainwashed by their constant practices and they wouldn't know how to deal with it otherwise.

Many countries don't acknowledge these as crimes as most of the countries have an official or recognized religion as a state religion.

These killings should be considered at the global level, especially in Asian and European countries. We need to understand that rationalising an act doesn't mean it is justifiable. Honour killing is a punishable offence and must be treated as such.

## Transgender community

Sachin Baluni



PC:Coloradopublicradio

Transgender is an identity or gender expression that differs from the sex that they were assigned at birth.

They are a diverse community, representing all racial and ethical backgrounds, as well as faith traditions. In our childhood, we were often taught to stay away from trans and feel disgusted when they are around.

Transgender exist all over the world along with people for a very long time but we often feel uncomfortable talking about them and treat them substandardly. Movies and society often portray transgender as people who demand money on the roads from common people.

Trans face various forms of gendered violence, harassment, and discrimination not only in public but at home as well.

Lack of access to education and non-availability of jobs force them to live by norms given by others. Due to the absence of any legal protection and lack of nationwide social awareness, trans people still suffer a lot of violence and harassment.

People still believe in stereotypes and refuse to give jobs. Not only proper awareness is needed, but also proper education and training should be imparted. Transgender is as normal as any other gender. They are provided with equal rights as others. The complications they face are mostly due to the way we treat them. The transgender community is often looked down and it is our duty to break the stereotype on transgender community.

## Dealing with Disabilities

Morcha Naveen

People who have never interacted with a person who has disability may think of the exchange as intimidating or nerve-racking. They might worry what to talk about or how to avoid staring. These concerns are understandable, but it's important to realize people with disabilities should be treated the same as everyone else. A person should have a sense of disability awareness and disability etiquette. First of all, do not victimize people with disabilities. Referring to someone as a "spinal cord injury victim," takes away that person's power. It abdicates them of their strength because the focus is on what happened to them, as opposed to what they did about it. It will be better to refer them as a "survivor." Don't assume they see their disability as a tragedy. A seemingly harmless statement like, "I'm so sorry that happened to you," can make a

person with a disability feel sad. When interacting, adjust posture to be eye-level. The height difference between people in wheelchairs and able-bodies can create an unspoken feeling of superiority and inferiority. Make eye contact; never avoid



PC:PRnewswire

someone with a disability. People who fear they could do or say something unintentionally disrespectful toward a person with a disability will sometimes default to ignoring that person altogether. Always ask if he or she needs assistance before

providing it. Do not underestimate their abilities, many people with disabilities are capable of caring for themselves without any assistance.

Seek to understand the person's disability before expecting to be understood. There may be times when you try your best to be respectful and it backfires. You may be perceived incorrectly or perhaps offend someone unintentionally. Before getting angry and thinking, "They should understand I wasn't trying to be rude," step back from the situation and understand there could be many contributing factors to why that person got upset. Human beings are social animals, and even a disabled person would love to have friends, some even crave for companionship, and hence it would be easier for you to interact. So, what are you waiting for? Go make some new 'Specialty abledfriends!'

## Acid Attack - A Contemporary Crime

Bhuvaneshwari

Over the last decade India has been witnessing an alarming growth in acid attacks especially on women. Acid violence is a heinous crime committed usually against women, with an intention to kill her or destroy her life. We can also call it as the gender based violence against women. A study revealed that 78% of the reported cases are due to refusal to marry or a rejection of romance, Acid attacks on women are a raging concern.

The easy availability of inexpensive acid makes the



PC:The Tribune India

perpetrators use it as an ideal weapon against the women.

The most common types of acid utilized in these assaults is nitric and hydrochloric acid. Attack through acid rarely kills but causes physical, psychological

and social scar. With the passing of 'The Criminal Law Act, 2013', and the guidelines by the Supreme Court of India, the rules and regulations have become stricter. But the survey of 2014 showed a 300% increase

in the number of acid attack cases reported.

Our legal and medical systems were also proved to be weak while dealing with such cases. "People say inner beauty matters, but in reality, only a few people go beyond physical features", these were the words of an acid attack victim, Lakshmi Agarwal. After the incident took place Lakshmi could not understand what happened, she was traumatized to the extent of committing suicide.

The condition of Lakshmi is no different from other victims. Her story depicts how

horrified or shocked each victim of an acid attack is after facing such an incident.

**LEGAL EFFECT OF ACID ATTACK :**

By virtue of The criminal law (amendment) act, 2013, section 326A and 326B were inserted in the IPC providing punishment for acid attack and attempted acid attack making it non-bailable offence.

**" He changed my face, not my heart. He threw it on my face, not my dream ."**

- Acid Attack Survivor Laxmi Agarwal.



## Marks of Puberty

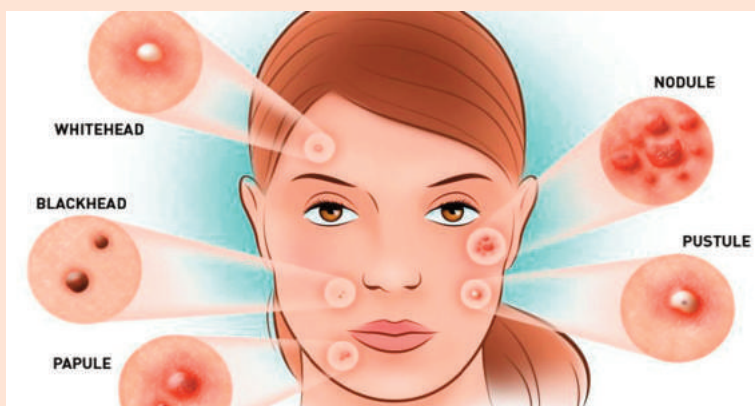
C V Akash

Pimples on face are like unwanted guests; they come home and stay for as much time as they please. They appear when you have an important presentation and they also dwindle your self-esteem each time you notice someone with flawless skin.

So, what are pimples? Pimples are pustules resulting from excess production of sebum (an oily, waxy substance produced by your body's sebaceous glands) and build-up of bacteria or dead skin cells trapped under skin pores. Skin pimples are irksome upshots of

oil glands. There are six different types of pimples: Whiteheads, blackheads, papules, cysts, pustules and nodules. raging hormones, excess sebum, plugged follicles, multiplying bacteria and fiery inflammation. Measures to be taken for preventing pimples:

Properly wash your face, know your skin type, moisturize skin, stay hydrated, limit makeup, don't touch your face, avoid certain foods, limit sun exposure and if required consult a skin doctor.



## PSYCHOLOGICAL WELLBEING

Anjali

Everyone feels worried, anxious, low at times. But relatively few people develop a mental illness. The difference is that a mental illness is a mental health state that gets in the way of thinking, relating to others and other day to day functions.

Mental Health refers to cognitive, behavioural and emotional well being. It is all about how people think, feel and behave. Sometimes, people use the term Mental Health to mean the absence of mental stability. Mental illness is an equal opportunity issue.

It affects young and old, male and female, different race, ethnic background, education and income level. The great news is that it can often be treated. Factors in people's lives like interpersonal connections and physical factors, bio-

logical factors, social and financial circumstances and lifestyle choices can all contribute to mental health disruptions. Looking after mental health can pre-



serve a person's ability to enjoy life.

Doing this involves reaching a balance between life activities, responsibilities, and efforts to achieve psychological resilience. Conditions such as stress, depression, and anxiety

## KARATE AS A SELF-DEFENCE TECHNIQUE

Shravani Singh

The word karate is a combination of two words, kara, meaning empty, and te, meaning hand; thus, karate means "empty hand."

In traditional karate-dō, one is supposed to compete and strive to excel against themselves. Karate is a Japanese martial art whose physical aspects seek the development of defensive and counter attacking body movements.

This is facilitated by the discipline and persistent effort required in training. If karate had to be described in only one

sentence, then the most suitable one may be "You never attack first in karate." This is a maxim of Gichin Funakoshi, the father of modern karate.



## ‘All progress takes place outside the comfort zone.’

Srusti Nidhi

When we hear the word fitness we often relate it to losing weight. A person having a lean body is expected not to go to the gym or not to workout because they will lose more weight. But the fact is that the process of keeping yourself fit is not only losing weight but also maintaining physique, gaining weight, building strength and developing body and mind.

Being a thin girl myself I have been told by many people that I don't need to workout because it will make me weak. However, my fitness journey has been very productive.

I started off working out during my dance practices to improve balance in my dance. As a dancer it is necessary that I have a strong core, legs and arms. It helps me control my body and mind, balance and



also helps in improving my style of dancing. The goal to have a strong body pushed me to workout at the gym.

I used weights to improve my strength where I increased the weight in every workout. It helped me build a fit self both physically and mentally. Whatever maybe the body type of a person, they must do exercises to stay fit. Being fit

does not always mean that one should have an ideal body, a person who is healthy, mentally fit and physically strong is someone

I would call a fit person. Meeting the perfect body goals is a personal choice and other people's opinion does not really matter.

## Gym the “Brute” culture

Rajath

The word 'GYM' has been derived from Latin-Greek word, 'gymnasia' where people train their body. Gym is mostly indoor and outdoor too. It's a place where people train their body physically through exercises to boost their stamina and make themselves strong.

People also take the help of a professional trainer available in gyms. While performing physical activities we should take guidance from the trainer or athletes. To build a muscular body, a proper diet is required just as much as exercise.

Protein rich food is the main item that we should take in our diet. Good source of protein rich food is horse gram, green gram, eggs, chicken, brown bread, milk, paneer, almonds etc. With protein rich food we should also add fiber, carbohydrates, fat, mineral, vitamin rich food too. When we are perform-

ing physical activities in our life, especially gyming rest is compulsory after 6 days of workout.

There are main parts of the body that should be trained during gyming i.e., chest, biceps, triceps, shoulder, lats, legs, and stomach [abs, packs]. A single part of the body should be There should be six-seven types of variations to be performed on a single day for a particular part of a body. We should complete our exercise in 45 minutes or mostly 1 hour. We should drink only a sip of water between the workout so that our body should not dehydrate.



## Protectors Of Pandemic

Nidhi Singh and Kusum Yadav

As 2020 begins, a disaster comes with a shock to the world, the world battles the unseen enemy "THE CORONAVIRUS". While we, commoners, stayed inside and took care of ourselves, the corona warriors- doctors, police, and health care workers, stood outside for us and fought the virus to protect us.

We were advised to stay at our homes so that the spread of the virus slows down and we come back to our normal lives. The governments of all the countries imposed certain rules and regulations to contain the virus. The police personnels were on duty to en-



sure that the public don't get into any sort of trouble like forming groups and holding meetings which will lead to the spread of virus.

The doctors were also the front line warriors who didn't care about their lives and put their efforts to save people's lives and gave them treatment

so that maximum lives are saved. The other warriors were the sanitation department of the state and central government who were responsible for maintaining proper sanitation and hygiene and creating awareness of the spread of virus among people.

While now things have changed, we are moving towards the normal life, we see these warriors still working in situations where the utmost priority is the safety of the society. It's the prime responsibility of the common people like us to respect them and support them so that we can fight with this unknown enemy.



# The New Normal



Prachi Nath  
Lecturer, Department  
of Languages

The year that was 2020... I'm sure each of us would like it to be erased from our lives, like it never existed, thanks to the spread of the Covid 19 pandemic. Life changed in the blink of an eye; the entire world went into lockdown, fear and panic spread all around, loss of near and dear became a common factor. It was the worst time of our lives, yet, maybe not. Families came together, they actually spent time with each other, they worked together, they made attempts to bond, to understand each other. But I must add that humans have never been known to stop, so life went on. Everyone learnt to accept the fact that life would never be the same, everyone learnt to accept the "New Normal" - so

cial distancing, masks, sanitising hands, and online education.

ONLINE education was not an easy task to get into. The teaching faculty was suddenly pushed into taking online classes, with little or no training. It is obvious that things did not work in their favour. For one thing, parents grabbed the opportunity to sit with their children while they attended classes, and what do you see next??!! Criticism of the teachers for their language or for the manner in which they addressed the students, and all this without thinking twice about how difficult it must have been for these people to suddenly undergo the transition from offline classroom teaching to the online mode. Parents forgot that there is always a first time...

As an educationist, I know how challenging and intimidating it was for most individuals belonging to my fraternity. It was not the fact that

we were not accustomed to using technology in the classroom; it was the fear and apprehension of not being able to work efficiently with it, or not being able to work with it at all. And to add to that, the news from all over that many teachers were losing their jobs.

We put our hearts and souls into learning to upgrade ourselves, and what followed was an unfathomable journey; there was so much to learn and the fear of being left behind in the race caused us to lose our sleep. Days of online workshops, Faculty development programmes, webinars, the list was endless.

It was a 9 - 5 job, on most days of the week. Some were pros at it, many weren't. However, in the end, I can confidently say that most of us have managed smooth sailing, technical glitches and the speed of our operating systems apart.

# Shredding the Norms



M. Tejaswini Reddy  
Editor, Bhavan's  
Bytes, Volume 3,  
Issue 1

Can you tell a person's story by just glancing at them? Honestly, I can't. But guess what? I know a few people who have the superpower to assume the character of a person just by looking at what they wear. I wish I had that superpower. But what to do, I can't be narrow-minded.

Wearing a "characterless" dress can send someone straight home, no matter their intention of stepping out. The other day one of my friends wore a crop-tee and high-waist jeans (personal opinion alert) I loved it!! But how could I like it? I'm a "characterless" girl for liking that "characterless" outfit. I'm a girl! The body-hugging kurta or the peeping bra strap shows how vulgar I am. I can't choose my favourite clothes, while I look for a good outfit, the x-ray eyes look for the length of my dress and the depth of my collar. I'm a girl! My exposed

skin invites gazes, my ankles are inviting, my neck, my elbows, my whole existence is inviting.

I should always protect my family's "honour" through my clothes, my words, my behaviour and submissiveness. But, let me get this straight. For whose sake should I look after my character? Oh! I should impress a man, him being my father, a brother, fiancé, or a husband. Why should I suppress myself to impress them? If it is to degrade my so-called "character" by wearing what I want. I want to do it. You tell me what not to wear? I wear that freaking thing that you told me not to wear. 'Cause what matters to me the most, is me! And I have every freaking right to wear what I want.

I have every freaking right to be me! Stop looking at me as a walking target. It is dreadful for me to still talk about it even today, there are so many other things we could discuss, why don't you for once look me in the eyes and ask me my story and I ask you yours.

# IS TIME TRAVEL POSSIBLE?

N. Srinija

In science fiction, space and time wraps are common place. They are used for rapid journeys around the galaxy or for travel through time. But today's science fiction is often tomorrow's science fact. So what are the chances of time travel?

The idea of space and time can be curved is fairly recent. For more than 2000 years the axioms of Euclidean geometry were considered to be self-evident. However, in the last century people began to realise that another form of geometry was possible in which angles of a triangle need to add up to

180°.

Einstein in 1905 released "special relativity", that space and time are intimately connected with each other. It says that one can describe the location of an event by 4 numbers - 3 describe the position of the event and 4th time.

Thus time and space together form a 4D entity called "space-time". So we all need a spaceship to time travel that travels faster than the speed of light. If we can't go as fast as light it might take 8 years to go to the nearest star.

The only way to get to the other side of the galaxy is to

create the "wormhole". According to M-theory, there are 11 dimensions in which 7 are curled up in small spaces that we don't notice; the remaining 4 are fairly flat.

In conclusion, according to Stephen Hawking rapid space travel and travel back in time can't be ruled out according to our present understanding. But science-fiction fans need not lose heart. There's hope with M-theory.

## Editorial Board



**P. Shiva Thrishul, Faculty Coordinator**

*"The immense talent of the students parachute when they start participating in collective activities. Compassion, Respect, dedication and love is what allowing us move ahead".*

**M. Tejaswini Reddy, Editor**

*" Things are scary only until you do them. So, just loosen up and do." things."*



**A. Shiva Prasad, Sub-Editor**

*"Editing can break your mind. Breaking down is the process of learning".*



**Adweety Mishra, Sub-Editor**

*"Use your creativity in work not excuses"*



**V. Sai Sowmya, Sub-Editor**

*"During editing, I realised that editing can make a story better or it can make the story worse".*



**Sowmya Ramaswamy, Sub-Editor**

*"Practical learning over Theoretical learning- Any day"*



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## “Not all those who wander are lost” ✈️ Being on Countryside

**Srushti Nidhi**

Going to new places and experiencing new things always fascinated me. Given a chance I am ready to do full time travelling! Well I believe things don't work like that when the reality hits. So here I am sharing a few of my travel experiences. In my early teens I had the opportunity to visit various towns and cities for performing different dance sequences in Kuchipudi.

I visited a maximum number of temples in India. Meenakshi temple in Madurai, Chidambaram nataraja temple, Tirupati balaji temple and many more are part of the beautiful temples. Mythological stories of these places and the architecture mesmerised the little me and gave me a reason to participate more in various dance events, a reason to travel more. Rourkela Steel plant in Orissa and Madhya Pradesh Tribal museum are also the places I



PC: Shrushti Nidhi

visited to perform. The breakthrough of exploring myself led me to develop keen interest in travelling. One time I opened my laptop and booked a train ticket to Chennai.

This was the first time I travelled alone. From Chennai, where my amma stayed, we planned to go to Puducherry. Puducherry was a dreamy place! This place gave a feeling of being in a French colony. The infrastructure and food contributed in creating a great vibe. The rock beach, Sri Aurobindo

Ashram and Matrimandir were a few places where I found peace within myself. Another favorite place of mine was Goa. The Baga, Calangute, Miramar and Anjuna beaches are a few famous beaches in Goa.

The Anjuna night market, as the name says, is famous for functioning at night. Arambol beach is located in the north which is almost an hour away from all the other beaches I mentioned before. This place is famous for escaping the crowd of Baga and Calangute.

**Sushma**

My village is a place that I like to visit on my holidays or whenever I want to relax. A village is a place that is far away from the pollution and noise of the city.

The greenery and the pleasant ambience of the village keeps you at peace. Around more than 70% of India's population resides in villages. Likewise, villages are hotspots of agriculture and cattle. After independence, the villages have grown in both population and literacy.

The pollution is minor in villages compared to cities. My village exists in a low lying area that has a warm summer and a chilly winter. Mostly I visit my village in the summers because of the holidays. Although the village is far cooler than the city during the summer. In a village you see greenery and almost every household has a minimum of one tree in their court-

yards. In addition, the thing that I like the most about my village is the fresh and revitalizing air. The air gives a feeling of refreshment even if I have slept for 4-5 hours. Most importantly, at night I see and count stars which I can't do in the city.

Importance of Village:

Villages contribute a lot to the growth and development of the country. India is a country which depends on agriculture more than its secondary and tertiary sector. The share of agriculture in GDP increased to 19.9 per cent in 2020-21 from 17.8 per cent in 2019-20.

India is the world's largest producer of pulses, rice, wheat, spices and spice products. In conclusion, we can say that villages are the backbone of the economy. Villagers lead more peaceful and less stressful lives compared to urbanites.

## Food Recipe

**Likitha**

Social distancing and quarantines don't mean we have to live on bread and butter. The coronavirus pandemic has upended daily life as we know it. It has changed how we work, how we learn, how we socialize. And it has changed how we eat. So let's take a tiny bit of stress away with these best lockdown recipe, which is none other than the chocolate mousse trifle. This chocolate mousse trifle recipe is so easy that you would want to make it for all of your chocolate loving friends! This simple no-bake dessert is perfect for any time of the year! Make this rich and decadent trifle with a repeated layer of chocolate mousse, whipped cream, and your favorite chocolate cookie. That's such an indulgent luxurious treat for anyone who loves chocolate, and the best part is you'll only need 3 ingredients to make this delightful dessert.



PC: Nerdymamma

### CHOCOLATE MOUSSE TRIFLE INGREDIENTS

- 1.8-10 Pieces Oreo (You can use any cookies of your choice)
- 2.100 Grams Chocolate (Semisweet)
- 3.300 ml Heavy Whipping Cream (Chilled)

### PROCEDURE

- Crush Oreos by bashing them with a rolling pin or add the Oreos to a food processor and process until you have small crumbs.
- Cut chocolate into smaller pieces (or use chocolate chips). Then melt the chocolate with 50ml of cream in a heatproof bowl on a double boiler, making sure the bottom of the bowl isn't touching the simmering water.
- Once the chocolate is completely melted let it cool for 5-6 minutes.
- Whisk the rest of the 250ml whipping cream in a separate bowl until soft peaks form. Then add half of the whipped cream to the chocolate cream mixture and mix until well combined.
- Fill the mousse and the cream into 2 different piping bags, this makes it easy to create the layers inside a glass. (or you can simply spoon them into your glass)
- Now layer crushed cookies, chocolate mousse and whipped cream to your glass bowl. Repeat layers.
- You can serve them right away or refrigerate for 2-3 hours and serve chilled. Enjoy!



**V Sai Sowmya**

## Talking hands restaurant



PC: Telangana today

Have you ever wondered that there might be a restaurant with a hearing and speech impaired staff? I wondered and I was surprised when one of my friends told me that she visited one. I was curious to know how this restaurant works, then with the help of my friend and of course, Google I

found out some interesting facts about this restaurant.

This restaurant is 'Talking Hands' and it is in Begumpet. It is one of its kind in Hyderabad. Customers here must use sign language to order food. It felt quite interesting when I discovered this restaurant. They serve both vegetarian and non-vegetarian food.

The food here is quite delicious. The ambience was quite good as well.

The great cause behind this restaurant is the money which they receive is donated to a deaf enabled foundation which proceeds the upliftment of the deaf. Make sure to check it out!

## JUICY CRAVINGS



**Sonia Mondal**

Here is one easy recipe to lift up your mood unlike what your ex did to you. It's tasty and cozy yeah, cozier than your favorite pair of sweat-shirts. If you are craving for something spongy and a juicy, sweet dessert it's none better than Rasgulla. It is one of the most popular sweet dishes from West Bengal. So, lift yourself from bed and without any further ado let's get into the recipe.

To make Rasgulla first you need to make chenna. Boil milk in a pan. Pour two spoonfuls of lemon juice mixed with water in boiled milk to make chenna. Squeeze chenna with the cotton cloth to remove water from chenna. Hang chenna in cotton cloth to remove remaining water. Now once your chenna is

ready it's time to make them into balls. Mix chenna with two spoons of Maida to make a smooth dough, mash it in such a way that chenna dough releases oil.

Make 10 to 14 equal small round balls of dough. Now we are almost done with the difficult part and it's time for syrup bath. Make sugar syrup by boiling one bowl of sugar in two bowls of water stirring continuously.

Now put the small equal round balls of dough in the boiling chasm. Check the boiling chenna balls after every five minutes that chasm is filled in balls and is fully cooked. Keep the cooked

chenna balls to cool down to two to three hours and rasgulla is ready to serve. Enjoy your home-made delicious rasgulla and it's really not necessary to be like store-bought ones, there's always a special place for home-made and homely foods... cheers...!



PC: Masalakorb





### PRANK CULTURE

P Kajamainuddin

As we are part of gen-z or generation-z, we come across the new concept of prank culture. If you browse 'pranks' on social media taking it from Google, YouTube, and Instagram you will find many videos, reels and short films on pranks which entertain people. While it's very general that the audience go for fun and entertainment but when the pranks are played with a group or with an individual's feelings and emotions they get hurt or offended. People take pranks too far at times and land into problems. These pranks can hurt their feeling which leads to serious situations like depression. Pranks are a part of life but what is important is the situation and who you are pranking and how they will react should be taken into consideration. While it's ok if pranks are played between friends and family as they are aware that the situation is easy and chilled. It also helps an individual to come out of things which he/she is facing in life and can open up with the jokes and fun moments. Person who performs a prank is called a "prankster. In the end pranks are good and fun when done with the right person at the right time. So find the best ideas for pranks to play with your friends that you can cherish.

### ANIME REVIEW- SHINGEKI NO KYOJIN

Sowmya Ramaswamy



PC : Pinterest

Shingeki no Kyojin a.k.a Attack on Titan is a Japanese manga series written and illustrated by Hajime Isayama. It's a Dark fantasy; post-apocalyptic, action Shonen manga. Set in a world where humanity lives in walled-cities which protect them from gigantic man-eating titans. The story follows Eren Yeager, who vows to kill every last titan, after titans destroy his hometown and devour his mother. The suspense built-in was awe-struck. The anime includes epic fights, half-hearted hilarious scenes, and tragic moments all with amazing characterization. It certainly has a good amount of gore, which would constantly break your heart. There are diverse characters

who fight for humanity for all different reasons. There's trust, there is friendship, along with betrayals, and blows. There's comedy relief among characters, especially Sasha "Potato Girl" Blouse. There are characters that people can definitely relate with, such as Armin Arlert, who urges to do the right and protect his friends, but couldn't do so, out of fear. Levi is certainly a fan-favourite character, because of the fact that he's cool, overpowered, smart, straight-to-the-point, and most of all, hilarious with all his neat-freakiness. The Protagonist, Eren Yeager is strong-hearted, and "special", but he's still not strong enough to defeat the titans. How he progresses is one

of the most interesting things. The art style is absolutely stunning! From the characters/titans to the setting of the story to all the infantry used in battle. A new form of action that's never seen before. The characters would literally fly from rooftop to rooftop slicing their swords at the titans at high-speeds that keep the viewers eyes glued to the screen through. The soundtrack in the anime and the openings were epic which certainly set the mood of what was to come. "They're the prey, and we are the hunters!" Anyway, if you can't Shinzou wo Sasageyo, like Erwin, and watch this highly recommended anime, then, "Give up on your dreams and die", like Levi said.

### Think And Grow Rich

Haripriya

Think And Grow Rich is written by Napoleon Hill. This book gives us a very different perspective of success. It is highly recommended to those who have a strong desire to become rich. It has got many examples of great people like Thomas Alva Edison, Henry Ford etc. It has 13 principles which can lead us to achieve or live in the vision which we dreamt off. Every single line is thought-provoking, it just blows us away to another dimension of life. The book encourages us to live a conscious life and warns to be very careful before making decisions. While reading, I literally felt we all have issues to deal with and we do have answers too, but because of our low key thought process we find it difficult to face them. As I went reading, this book has become so therapeutic. I personally started believing that all these days I kept living in my mind. Your mind is a magnet the more you think positive the more you get attracted to the positive phase of life, Vice versa. Having said that, you need to work hard, stay patient, build relationships and work out of your comfort zone to reach your goals. It is not a one day process. I highly recommend you to read this book.

### Million Laughs and Trillion Chuckles

Prerna

"Laughter is the best medicine" Comedy is arguably the oldest, most universal, and basic form of humorous expression. From actors like Kader Khan and Johnny Lever to newer ones like Kenny Sebastian, Vir Das, and Sorabh Pant, comedians have always been big on the Indian pop culture. Stand-up comedy is a comedic style in which a comedian performs in front of a live audience through microphone. The performer is commonly known as a stand-up. Stand-up comedy generally involves performers narrating personal tales to the audience. Some of the main types of humor in stand-up comedy include observational comedy, blue comedy, dark comedy, clean comedy, and cringe comedy. Comedy is a genre of entertainment

that has lasted throughout the ages because a new brigade of comedians like Shekhar Suman and Ahsaan Qureshi found their spot in shows like "Movers And Shakers" or TV shows like "Indian Laughter Challenge". The rise of the Internet revolution as well as growing pub culture, especially in cosmopolitan cities, made standup comedy extremely popular. Just like successful social awareness campaigns, good comedy can change perspectives by holding up a mirror to society, forcing it to confront realities that it often ignores. Papa CJ, a leading comedian who taps into issues faced by Indian college students, says, "People have limited attention spans now. Humour is a powerful way to get people to listen.

### They Both Die at the End

Adweety Mishra



PC : Pinterest

Imagine waking up to a world where you know the day you are going to die. In his book 'They Both Die at the End', Adam Silvera manifests this idea through various perspectives. It's his third book that was released on 5th September 2017, after his famous book 'More Happy Than Not'. Silvera is known for his heart-wrenching narration, this book, in particular,

will make you ride on an emotional roller coaster, it is a sweet yet heartbreaking young adult contemporary. It conveys strong messages about love, loss, grief, acceptance, and joy. The story takes place in an alternate universe where a company called Death-Cast mysteriously predicts the day a person is going to die. Mateo and Rufus are two

teenage boys who recently discover that they have only one day to live. They both are total strangers, but, for different reasons, are looking to make a new friend on their End Day. The title of the book might tell you what to expect, but that's not what the book is really about, it shows how they try to make most of the rest of their lives. The book heavily talks about death, and through that casts light on life itself. It will make you think if becoming aware of death is any better than taking no notice of it. What I loved the most about this book were the characters- how very memorable each character is, even the characters whom I didn't give a second glance. I absolutely adored the two main characters who get more and more human with every flip of the pages.

### Much Lisened Podcast and Listenership

Bhavan's Bytes News Service

Audio-streaming platform Spotify conducted a survey with YouGov in India to understand the listening habits of users better. According to the survey, podcasts are gaining popularity among Indian users. Podcast listening is growing in India, and this medium is a great way for listeners to discover the enriching and entertaining content they want. According to the survey, 46% of the respondents felt that they have only a bit of time, or none at all, to do the things they

liked. Nearly two-thirds of the respondents wanted more time for activities like general entertainment, relaxation, or learning new things. The platform also gained many first-time podcast listeners last year. 18-24-year-olds formed the largest audience of those who listened to a podcast on Spotify the first time last year, as per the survey. The survey further detailed the listening habits of users in India. According to the report, 50% of listeners prefer to listen to one episode of a podcast per week.

"Night is the most popular time of day for podcast listening, and afternoon is the least popular," Spotify witnessed a growth in Hindi-language podcasts on its platform Anchor, in India. It has seen a 1,100% year-on-year growth in Hindi podcast on Anchor. Earlier this month, Spotify released a list of the most popular podcasts on the platform in India as part of its Wrapped campaign. The most popular podcast genres among users in India on Spotify were 'Education', 'Lifestyle & Health'.



### Hidden Vocals

Renuka Sriram

Singing gives us joy but only some people have the gifted voice. Many people debut in Bollywood but only few people have the opportunity to shine and reach heights while others end up being a playback singer. Though Bollywood is a large platform it gives opportunity to popular people rather than the talented one. Even though many artists have gifted voices and natural talent, they are not as successful or popular. Singer Mayank Maurya, has an excel-

lent voice but he is underrated. Vidya Vox known for mashups was not famous before, but now because of YouTube, both Mayank Maurya and Vidya Vox got recognition. There are so many talented artists available in every part of the world. There are so many underrated artists around the world who get appreciated for their work and talent from their listeners and admirers. Artists should get the opportunity to showcase their voice instead of being a playback singer.



# GUIDE TO MAKE BAD ART

Adweety Mishra

Onement VI, an art painting by Barnett Newman, was sold for 43.8 million dollars. It was part of a collection of his works which featured a “zip” in the center to define the spatial structure of the piece. This painting was a huge deal in 2013 because of the controversy it created. If you search for it, some thoughts might cross your mind like: “why would someone buy that” or “pfft.. even I could do that” some of us would even think “this looks like something a toddler could do” . We might not master being a famous artist, business in art is strange. So let’s discuss the second best thing that we could do: To actually make art. A child never measures every detail of their art to make it look perfect, neither do they think deeply about the meaning and

its purpose, they just do it for the sake of it, regardless of others approval of their masterpiece. Because they know for sure that their mother would ‘gladly’ hang it on the fridge. The worst thing that a person could do to a child is telling them that they can’t draw. It will rob them their confidence in making bad art. And what is bad art? Something that wouldn’t follow the tried and tested measures? Something that has bold strokes? Our brain is pretty stupid, we as an adult believe that we already know what’s good and what’s bad for us so we don’t get as excited to experiment and make mistakes. No doubt, society will judge you and try to bring you down, but you know better. If you let your brain presume that you can’t, you won’t know if you really are a bad artist.

Artists like Barnett, Picasso and Dali challenged the norm by questioning ‘why can’t they’ rather than telling that ‘they can’t’. You need to let yourself free to explore various possibilities that life has to offer. You might even surprise yourself in the process. Therefore to make a bad art, you have to make it.



# My Little Daisy

Watching you as you grow up;  
does leave a scar  
Remember when I left a mark on you, when you were younger?  
That moment dwells so far,  
so far in the past.  
I wonder if you can recall  
those days.  
You were my little daisy.  
You bloomed so fast,  
People pass by me every day  
but I could say,  
You had never ignored me.  
So tell me,  
when the Spring comes, will you come back to me?  
I could shower you with my cherry- blossoms,  
watch you shine like a pearl in the sea



- Samyuktha Perumala

# REUNION

Aishwarya



Reunion is the action of being brought together again as a unified whole. Most reunions happen in the family, friends & professional circle after not seeing each other in person for a while. Reunion comes from a Latin Root. Reunion mostly gives us a joyful but solemn, everlasting and pure, imminent, mystical, infor-

mal and glories’ ethereal.Reunion can be known as Retrouvailles, Riunione, Reuniune . High school or college reunions tend to bring up old memories, some of which may be unpleasant—like seeing the “mean girls” who used to make fun of you or the guys who “refused to talk to you”. People may also feel embarrassed about their physical appearance or insecurity about their lack of achievements since graduation. We usually develop wisdom and maturity as we age. Encountering our former classmates and recalling old memories, good

and bad, may help us gain better insight into which we are now and how we got here.Family reunions are another type of reunion that can be psychologically and educationally fulfilling. They encourage communication among extended family members after the reunion period. They celebrate the meaning of family by sharing memories and family rituals as well as encouraging a sense of belonging to something greater than your nuclear family.any kind are not always easy to arrange because of the cost and managing the details.

# Story of a Rape

It's not about what she wears,  
Whatever it is, he just tears.  
She gave him swears,  
But he didn't give ears.



She is left with full of tears,  
He is not the one whom she fears.  
But it is you she bears,  
As she has to face you coming years

You always judge her, don't know why?  
Can't you change the thinking of the guy?  
As he thought her as a joy,  
She is now a star in the sky.....

- Sriya Kurada

# PERISHING BOOKSTORES

-M K Vaishnavi Nair

The world has been evolving drastically and rapidly. We’re now in such a world where things can be done easily. Earlier paying bills was a task to do but now, the internet makes everything better and easier! Craving for food? Take out your phone and surf the in-

ternet and order the food. Voila! You get the food you crave for. Similarly, the internet has affected the ‘Education Sector’ as well as the ‘Reading Population’. Back in those days, people loved to smell the fragrance of new books, it was definitely therapy! People loved going to libraries and spending most of



their times hogging up on their favourite books. Most of us loved bringing new books home and reading until we slept cuddling the book. But now, we do everything online. The fast-paced videos make us crave faster solutions. Bookstores remain empty, libraries are forever

endorsed by silence. The bookstores are perishing and it's an alarm to rescue them. Still, many people believe that the internet has more benefits compared to reading books, they believe that is way faster, true, the internet is fast, and the power of the internet can't be denied, but books are a slow

process because they allow their users and readers to internalize, respond, react and transform. When we read a book we get into it, our brain starts functioning, our imagination gets wings. I am not saying that the internet has no value or it is useless, the internet is too valuable and it has lots of opinions which make us come to conclusions faster. We get more impatient day by day, and because of that, we get into arguments more often. The government should set commissions and other beneficial programs for the development of bookstores. And we as humans, should join hands and bring back the bookstore culture once again.

“The library is inhabited by spirits that come out of the pages at night.” – Isabel Allende

# SELF NOTE (BTS Edition)

shouting **I'm fine**, whispering **save me**.  
Always **awake**, waiting for the **lights**  
living in the **autumn leaves** waiting for the **spring day**..  
waiting to **begin**, wanting to feel **home**.  
The **singularity** is killing me  
I want to be happy for **just one day**..  
But then **tomorrow** comes crashing my **daydream**.  
Looking for **my time** looking for my **inner child**..  
Thinking to fly to the **moon** to spend one **sweet night**  
Yet again here I am **embarrassed**, trying to run in the **rain** questioning **am I wrong?**  
But **no, not today**.. today I should see the **best of me**  
I got this **epiphany** that this world is a **mikrokosmos**  
Now **people** find me **strange!**? **So what?** I need to **set me free**.  
**Nevermind**, I learned to **love myself**  
And this **euphoria** to me is like a **jamais vu**  
at **zero o'clock** I got these **wings** turning me into a **butterfly**  
Taking me to the **paradise** of **serendipity**..

- M Tejaswini Reddy





>>Photography<<



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PC: Ganadeep



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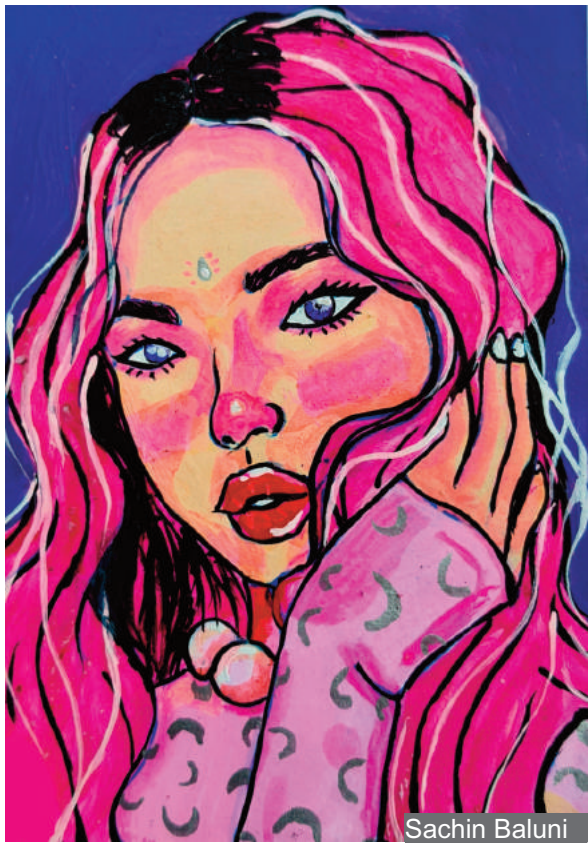
>>Art Gallery<<



MK Vaishnavi Nair



D. Sai Aishwarya



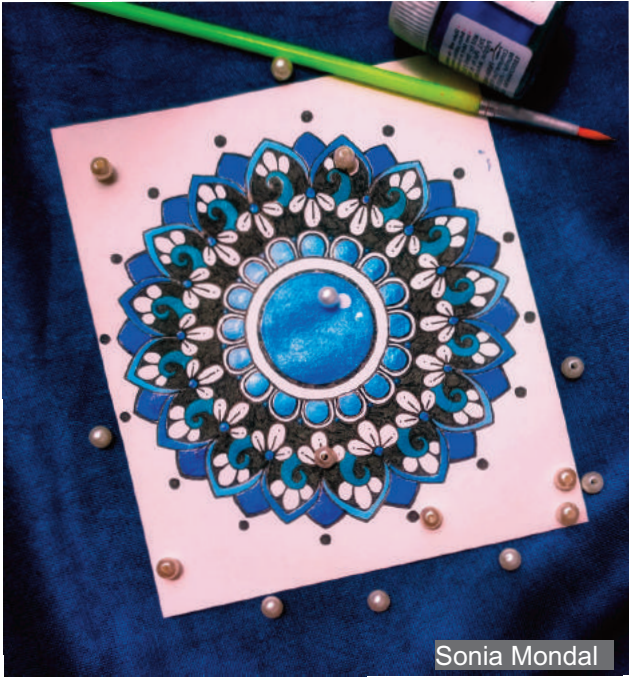
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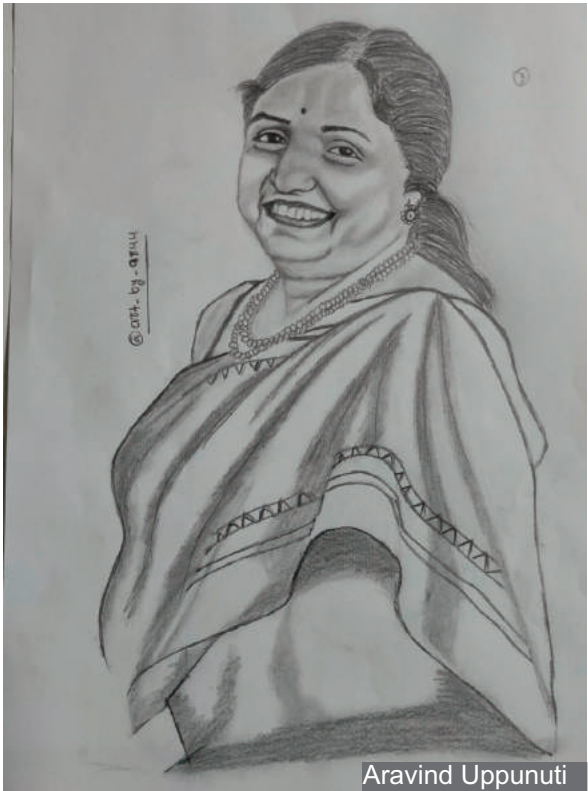
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Sonia Mondal



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